**Vickery Resources Update**

October 22, 2020

Friends-

This is the latest update on resources in Vickery.

If you have corrections or additions, please send to martha@vmydf.com

Stay strong!

Martha Stowe, Vickery Meadow Youth Development Foundation

|  |  |  |
| --- | --- | --- |
| [Gallery image](https://s.smore.com/u/0894477b77a353d342556ebd3b834803.png) | [Gallery image](https://s.smore.com/u/9e747dbcb1ad42d6f98df001562ad71b.jpg) | [Gallery image](https://s.smore.com/u/fb56f495613dab547850f47a02b80aa7.png) |
|  |  |  |

Food Resources

* **Catholic Charities/ Trek X Food Truck Distribution Schedule**

**1st site**: **Sunchase Square Apt.s**

7317 Holly Hill Dr.

1st & 3rd Wednesdays at 12:30

**2nd site:**The back of **Park Lane Terrace Apt.s**

6808 Larmanda St., behind the last apt building

2nd & 4th Thursdays at 9 am

**3rd site**: **Santa Fe Trails**

6318 Ridgecrest

1st and 3rd Thursdays at 9 am

**4th site: Biltmore Apartments**

6251 Melody Lane

1st and 3rd Tuesdays at 9am

* **The Vickery Food Pantry** 8448 Walnut Hill (just east of Greenville, on Walnut Hill)

Wednesdays 1pm -4 pm Thursdays 9 am-12 pm

Saturdays 9am- 12pm

* **Tasby Food Pantry**at Tasby Middle School on Fridays 4:00-4:30.
* **Elaine Kadane Food Pantry**

Episcopal Church of the Ascension 8787 Greenville Ave. First and third Tuesdays of the month from 9:30-11:00

* **DISD**distribution of food on Wednesdays only. They will give food for the whole week. Distribution is 10-12:30 and 4:30-6:30 at Tasby Middle School and Conrad High School. Anyone picking up food without the student present must show the student’s ID or report card.

[](https://s.smore.com/u/0037a3d9e1e9ab3e2ae390b983fc3337.jpg)

Vickery Community Action Team

martha@vmydf.com214-577-1782[vmydf.com](http://www.vmydf.com/)

Flu Shots!

Walk-in Wednesdays are back for no appointment flu vaccines. Walk into any Parkland community clinic on Wednesdays from 9 - 11 a.m. and 1 - 4 p.m. Find [**locations at Parkland**](http://r20.rs6.net/tn.jsp?f=001BwVEVjsEMWsQzH9Ld4LmuxHfrazGq0s3U4zxudEUabUtwg4nkVLObDTq2wGi5buXDctw6Ozt8vTh2H8H3JfPOuVrGzlj4FSIRvAigrmR_DXv9zsE0MTcRxvDI75ROpkWsYWD3QYqj0ycZmj0eUCIxS_b_bMpTg2sGDKK11l01ElX9Z6eZHresGDOpTj8SnAC&c=Svv5uA3geAP-uFtTq6N5bw12G6xmDGLT2vSvpYiSqe-_P9_TnyffuQ==&ch=93EvmtuIYU2F5FaooqxecuTaVDah2CDV9bkVk1_TvDHhVFQhEbDX6w==) to get your flu shot.

The Youth and Family Center is located outside the front door of Conrad High School.

Diaper Distribution

Northwest Community Center distributes diapers once a month.

Upcoming dates are October 24, November 21.

Pre-registration is required and can be done on Thursdays at Northwest Community Center from 10:00 am-noon.

Rent Assistance

* **North Dallas Shared Ministries**- the webpage has an application [www.ndsm.org.](http://ndsm.org/)
* **Literacy Achieves-**the website has an application [www.literacyachieves.org](http://literacyachieves.org/)
* **International Rescue Committee -**
	+ Call the office (214) 461-9781 (we’re open now by appointment only)
	+ Email DALAssistance@Rescue.org
* If you have questions and would like to speak with a lawyer, for free, send an email to DallasEvictions2020@gmail.com. Evictions are not allowed at this time.

Health Resources

**Healing Hands Ministries** – the health clinic continues to operate and has added telehealth. They serve patients who have Medicaid, Medicare, insurance, and those who are uninsured. Located at Northwest Community Center and at Royal and Greenville.

**St. Vincent De Paul Pharmacy-** continues to operate to provide free prescriptions. Located in Northwest Community Center, 2nd floor

**Vickery Health COPC-** This is a Parkland Clinic in the Costco parking lot on Park. The clinic is open.

**North Dallas Shared Ministries:**

The Medical Clinic remains open by appointment only. call 214-358-8705

The Dental Clinic is open for emergency care/extractions by appointment.

call 214-358-8729

**Youth and Family Center Parkland Clinic-** on the campus of Conrad High School. Call for an appointment.

Youth and Family Centers work like a traditional health provider in that they bill insurance
companies for the services and accept Medicaid and CHIP. If a family doesn’t have health insurance,
there are other options such a sliding scale fee. Generally, the medical service fees are
noticeably less expensive than at a traditional doctors office or hospital. Every Youth and Family
Center clinic provides bilingual services.
This is the current schedules for the Youth and Family Centers this week:
Fair Oaks YFC @ Conrad High School
Phone Number: 214-266-0200
• Monday 8 a.m.–5:30 p.m.
• Tuesday 8 a.m.–5:30 p.m.
• Wednesday 8 a.m.–5:30 p.m.
• Thursday 8 a.m.–5:30 p.m.
• Friday 8 a.m.–12 p.m.

**Medicare and Medicaid**

-Covers COVID-19 testing

-Covers Telehealth virtual check-ins

MUST CALL High Call Volumes

Mental Health Services

**North Dallas Shared Ministries-**

The mental health clinicians continue to counsel their existing clients by phone or telecounseling. They continue to take-on new clients with initial intake by phone .call either 469-778-7560 or 469-526-4888

**Youth and Family Center** is working with current clients through telecounseling.

**IRC**clients can call the office (214) 461-9781 or email Chaundra.Merrell@Rescue.org.

**DISD-**Students and parents can reach a professional school counselor through the Request for Counseling Services links below. A member of the identified school counseling team will respond to requests for assistance.

Parents, guardians and staff who want to request the services of a school counselor in English should complete the request for counseling services form at <https://forms.gle/5m3gS85ErHjzUPbh7>.

[**North Texas Behavioral Health Authority**](https://ntbha.org/)**(NTBHA)** has developed a dedicated COVID-19 mental health support line to provide trauma-informed support and psychological first aid for those experiencing stress and anxiety due to the crisis. **The NTBHA COVID-19 Mental Health Support line can be reached at 833-251-7544**. If during the call it is determined you need a higher level of care, you will be transferred directly to the traditional 24/7 NTBHA crisis line at 866-260-8000. If your emergency is life-threatening, **please call 911**.

The [**Here For Texas Mental Health Navigation Line**](http://www.granthalliburton.org/navline) is a free helpline that people can call to find mental health and addiction resources that include telehealth options. The line is open from Monday through Friday and will remain open during the pandemic. Assistance in Spanish is available as well. The number to call is **972-525-8181.**

[**Texas Health and Human Services**](https://hhs.texas.gov/services/health/coronavirus-covid-19) now has a 24/7 statewide mental health support line to help those "experiencing anxiety, stress or emotional challenges due to the COVID-19 pandemic." Anyone can call the Statewide COVID-19 Mental Health Support Line at any time for free at **833-986-1919.**

Jobs

**Facebook Page: Dallas Jobs for Refugees**

**Workforce Commission**

<https://www.wfsdallas.com/jobseeker/>
They are posting jobs daily.

**Dallas Regional Chamber**web site for jobs:

<https://sayyestodallas.com/jobs/displaced-workers/>

CoVID 19 Testing Sites

* **Sam Tasby Middle School**

7001 Fair Oaks
Walk up clinic 7:30 am -4:00 Monday-Friday

FREE. Provided by Parkland Health and Hospital System

Video Resources on COVID

Here is a link to videos in various languages about COVID 19.

<https://www.youtube.com/playlist?list=PLm7yXhXaGwFVTn6RTYELuJxAOX8hfUFlk>