# Vickery Meadow Resource Guide Update: December 2020

## Food

**Tasby Middle School**: Wednesdays, 4:30 – 6:30 If student not present must show student's ID or report card

Tasby Food Pantry (open to anyone in the community): Fridays, 4 – 4:30

**Vickery Meadow Food Pantry**: 8448 Walnut Hill Wednesdays 1 – 4, Thursdays 9 – 12, Saturdays 9 – 12

**Elaine Kadane Food Pantry**: Episcopal Church of the Ascension, 8787 Greenville Ave. First and third Thursdays of each month from 9:30 – 11:00

North Dallas Shared Ministries: 2875 Merrell Road, 214-358-8700 Food Distribution is Monday – Thursday 8:30 – 1:00 Friday Food Basket for Low Income Seniors – Friday 8 – 12

#### Catholic Charities Food Truck Distribution Schedule:

- Sunchase Square Apts., 7317 Holly Hill Dr., 1st & 3rd Wednesdays at 12:30
- Park Lane Terrace Apts., 6808 Larmanda St., behind the last apt. building, 2nd & 4th Thursdays at 9 am
- Santa Fe Trails Apts., 6318 Ridgecrest, 1st and 3rd Thursdays at 9 am
- Biltmore Apartments, 6251 Melody Lane, 1st and 3rd Tuesdays at 9am

### Free COVID-19 Testing Site

Tasby Middle School - Walk-up (no appointment necessary) 7:30 - 4:00 Monday - Saturday

### Flu Shots and Medical Care

**Fair Oaks Youth and Family Center** – Parkland health clinic next to Conrad High School, call for an appointment, 214-266-0200

**Healing Hands Ministries** – located at Northwest Community Center (5750 Pineland Drive) 214-379-4393 and at Royal and Greenville 214-221-0855: <u>https://healinghandsdallas.org/</u>

North Dallas Shared Ministries – Medical clinic, 214-358-8703; dental clinic, 214-358-8729

**St. Vincent De Paul Pharmacy** – Free prescriptions: Located at Northwest Community Center, 469-232-9902. Online application available: <u>https://svdpdallas.org/pharmacy/</u>

# **Rent and Utility Assistance**

Literacy Achieves – website has an application: http://www.literacyachieves.org/

**North Dallas Shared Ministries** – website has an application: <u>https://www.ndsm.org/request-financial-help-solicitar-ayuda-financiera/</u>

**International Rescue Committee** – Bring documents (ID, lease, bills) to IRC Parking Lot on Thursdays from 9AM – 11AM (at the same time as our food distribution)

- Call the office (214) 461-9781 (we're open now by appointment only)
- Email <u>DALAssistance@Rescue.org</u>
- Clients **should not walk into** the office for this assistance as we are not open to walk-ins yet.
- Clients will need to provide documentation of need (donor requirements). For those who cannot, if there is still need, we have some more flexible funds we can use (more for you to know than the clients).
- There are multiple options for funding, and we will assess based on funding requirements once the client reaches out. We have funding through December for the moment, but it is first come, first served so clients should reach out ASAP to access.

### **Diaper Distribution**

**Northwest Community Center** – Distributes diapers once a month by appointment. One time registration is required and takes place each Thursday from 10 - 12. **Next distribution is Jan. 23**, 2021; 214-396-6517; <u>https://nccrefugees.org/</u>

# Mental Health

**Fair Oaks Youth and Family Center** – 972-502-4140; counseling and psychiatric treatment for DISD students and families

North Dallas Shared Ministries – Provides counseling by phone. Call either 469-778-7560 or 469-526-4888

North Texas Behavioral Health Authority – Dedicated COVID-19 support line, 833-251-7544

**Here for Texas Mental Health Navigation Line** – Free helpline to find mental health resources, 972-525-8181

Texas Health and Human Services – Free mental health support line, 833-986-1919

**International Rescue Committee**- Free mental health counseling call (214)461-9781 or email <u>Chaundra.Merrell@Rescue.org</u>.